

Herbalife[®]

PRODUCT CATALOGUE
2025





Nutrition for life

Contents

When you buy Herbalife products, we see it as more than just a one-off purchase but part of a life-long plan to support your goals - both inside and out.

Your body can only perform at its best when fuelled with the correct nutrients. Not always easy to obtain from food alone, our product range is designed to plug the gaps with a great combination of all essential nutritional elements along with face-to-face management to help keep your goals on track.

For further information on all our products visit Herbalife.com.

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Nutrition & nurture

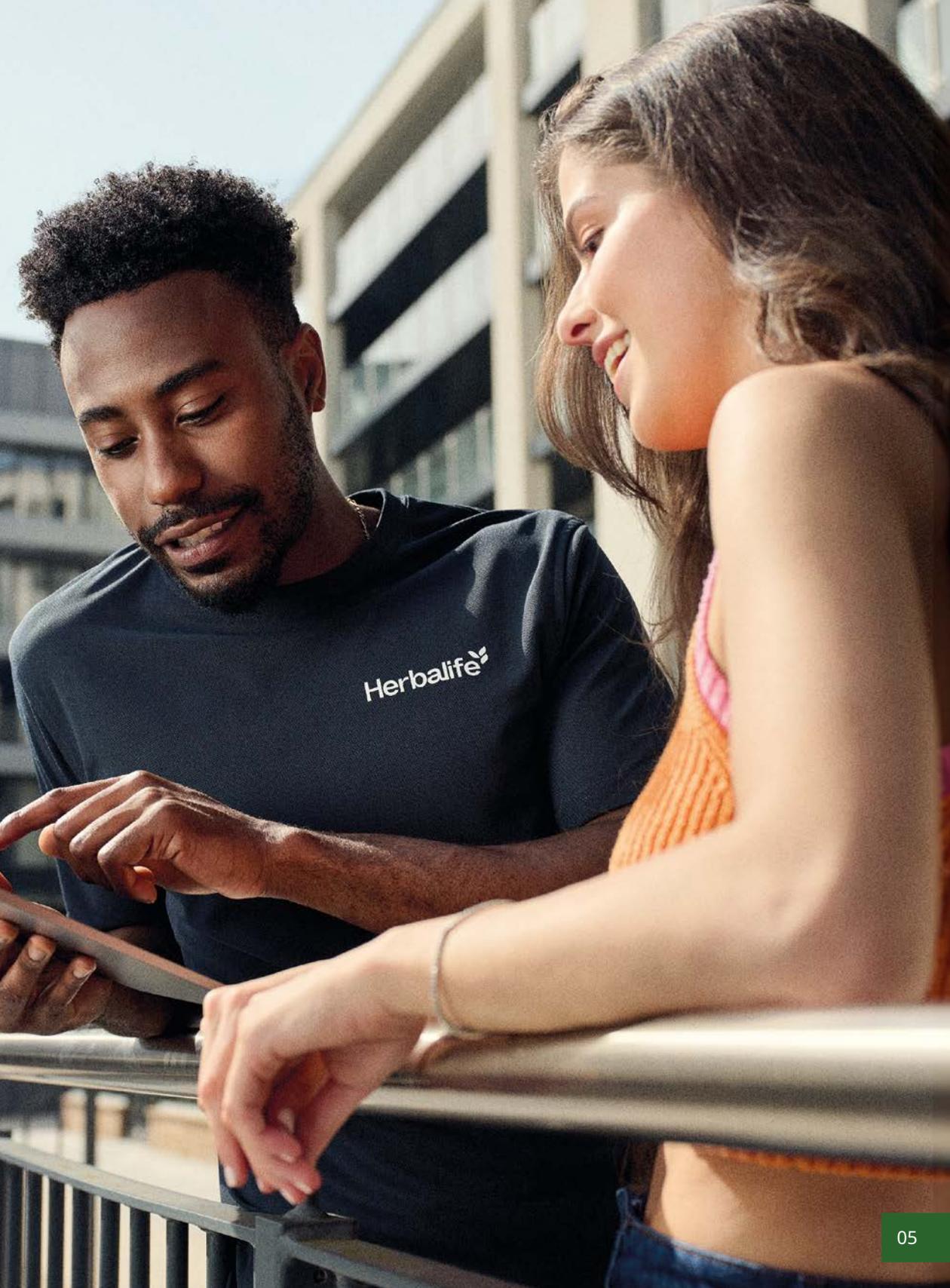
Making a lifestyle change can be tough. Some can accomplish goals on their own, but many need a stronger push. Having a mentor by your side can make all the difference.

Our 'Distributor Difference'

We are the full package! With products only available to buy from our independent distributors, it means you are also invested in their expertise. Whether you want to improve fitness or manage weight, the personal connection with your distributor will provide a clear direction and tailored plan to achieve your wellness goal, as well as offer social support, motivation, encouragement, and accountability.

This extra one-to-one, high-touch approach is what differentiates Herbalife from other nutrition companies.





Herbalife



Setting the standard

Our products are designed by science to support personal goals, along with our Herbalife24 brand specifically developed to support the needs of athletes, gym-goers and fitness enthusiasts.

Highest quality ingredients

We use only the finest quality ingredients from farmers who lead the charge in their high standards for planting and conservation. After all, quality ingredients produce premium products trusted by our customers. Our products, manufacturing, and business model have received numerous international awards, gold-stamping our high-quality standards.



ISO 17025 certifies the technical capability of labs and consistency in results.



The Herbalife24® products are batch tested for prohibited substances by an independent third party. For more information, please see the product label.



Backed by science



World-class experts

Our products are backed by science and a global network of over 300 experts and doctors in nutrition, science and health who ensure quality and stringent compliance with government regulations. Guided by research, driven by quality, with no compromises, we deliver excellence on every level.

Tried and tested

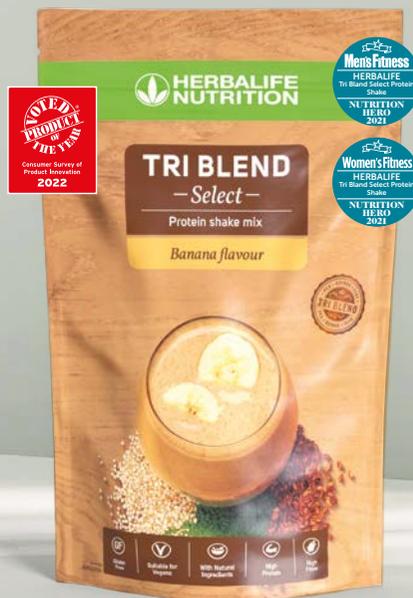
Test, retest, and test again - that's what we do! Internally and through third party certifying organisations, we get validation that our products are best in class.





Great
products
win great awards

Product of the Year 2022
Nutrition Hero 2021
Men's and Women's Fitness
United Kingdom



Product of the
Year 2022
France

Our dedication to innovation and science has made it possible for our products to be awarded across the world.

**Best Energy Intake
Men's Health
Healthy Award 2020**
Spain



**Health & Wellbeing
Awards Highly
Commended 2020**
United Kingdom



**Product of the
Year 2022**
Belgium



**Product of the
Year 2021**
Belgium



**Product of the
Year 2022**
France

From seed

A woman wearing a traditional conical hat and a colorful vest is harvesting tea in a vast plantation. She is carrying a large woven basket on her back. The tea plants are arranged in neat rows, and other workers can be seen in the background.

to feed

Great products grow from great ingredients

At Herbalife, we guarantee the highest quality products by following our in-house “from seed to feed” production and quality assurance process.

We invest in responsible cultivation methods and our team of worldwide dedicated scientists and producers are committed to sourcing the best raw materials. Every ingredient goes through in-house analysis to ensure it meets strict specifications. From tea farms in China and aloe farms in Mexico to soybean farms in the U.S., we use the finest ingredients to develop outstanding products.

Every effort is made to ensure that Herbalife products meet or exceed our own quality standards and the standards of our industry. The purity and nutritional value of each ingredient is without question as is the integrity of the processes we follow.





**Inspiring
you to make
a difference**

HERBALIFE



FAMILY FOUNDATION

The Herbalife Family Foundation (HFF) partners with charities and organisations, including Herbalife, to help provide the proper nutrition and education necessary for the wellness of children and communities around the world.

Since its inception, in 2005, HFF provided funding for 178 nonprofit organisations, such as, hospitals, orphanages, schools, and organisations, in over 60 countries.

Impact at a glance

In the past year, HFF's Casa program provided over 206,000 children across global communities with the proper nutrition needed to lead enriching lives.

With the help from our generous donors, over \$50 million were granted through the years, to organisations around the world.



How can you give back?

Donate today to improve the lives of disadvantaged children around the world.

Herbalife breakfast

Kickstart your morning with our delicious and convenient breakfast - great-tasting, convenient and takes seconds to make.



1. Delicious Shake

Formula 1 Shake Mix

A delicious shake that can be prepared in seconds; it provides protein and key nutrients.



2. Fluids

AloeMax Concentrate Drink

Support your fluid intake with a glass of AloeMax – A tasty and low kilojoule controlled drink, to support your fluid intake.



3. Refresh

Instant Herbal Beverage with Tea Extracts

A refreshing herbal beverage infused with extracts of green tea leaf and orange pekoe tea leaf, with added cardamom seed extract and hibiscus flower powder. Every serving contains 87.5 mg of caffeine*.



* Not recommended for children under 12 years of age; pregnant or lactating women; persons sensitive to caffeine.

Formula 1 Shake Mix

Formula 1 Shakes are made with ingredients suitable for vegans, are gluten free and provide 24 vitamins and minerals. Our Formula 1 Shake Mix come in a variety of delicious flavours, with some also available in sachets for when you are on the go.



* When mixed with semi-skimmed milk (1.5 % fat).



**Banana Cream
Flavoured**
21 servings
550 g #4462



**Café Latte
Flavoured**
21 servings
550 g #4465



**Cookie Crunch
Flavoured**
21 servings
550 g #4467



**Mint Chocolate
Flavoured**
21 servings
550 g #4471



**Raspberry & White
Chocolate Flavoured**
19 servings
500 g #4469



**Smooth Chocolate
Flavoured**
21 servings
550 g #4468

Customers say
 “Wins hands down on
 taste and texture.”



**Strawberry Delight
 Flavoured**
 21 servings
 550 g #4463



**Vanilla Cream
 Flavoured**
 21 servings
 550 g #4466



**Vanilla Cream
 Flavoured**
 30 servings
 780 g #048K

Sachets



Cookie Crunch Flavoured

7 x 26 g, 182 g #228K

Smooth Chocolate Flavoured

7 x 26 g, 182 g #229K

Customers say

“Adding Protein Drink Mix to my usual F1 Shake Mix makes a deliciously thick and smooth shake.”



The protein power couple

Upgrade your day by combining Protein Drink Mix Vegan and Formula 1 Shake Mix for a shake with more protein and more fibre than a regular Formula 1 Shake - extra thick and creamy.

Or support your daily protein intake by combining Formula 1 Shake Mix, PDM Vegan and water for a delicious vegan shake mix and contains that contains a combination of protein, fibre, vitamins, and minerals.



Protein Drink Mix Vegan and Formula 1 Shake Mix

24.2 g protein

26 vitamins & minerals

Gluten free

F1 Vanilla Cream Flavoured

21 servings, 550 g #4466

PDM Vegan Vanilla Flavoured

20 servings, 560 g #172K

Formula 1

Express Bars

Formula 1 Express Bars are a great on-the-go snack. Offering both great taste and convenience in one delicious bar, Formula 1 Express Bars contain a blend of protein, fibre, vitamins and minerals.



- Approximately 871 kJ
- 25 vitamins & minerals
- Approximately 14.5 g protein per bar
- Approximately 6.5 g fibre per bar
- Artificial colourants free
- Suitable for ovo-lacto Vegetarians

Dark chocolate flavoured	7 x 56 g, 392 g #4472
Cranberry & white chocolate flavoured	7 x 56 g, 392 g #4473



Coffee with protein power



High Protein Iced Coffee

Every batch has been brewed to be smooth and bold with Robusta espresso coffee beans. Our iced coffee provides 80 mg* of caffeine per serve, 336 kilojoules with no added sugar and we've ramped it up with 15 g of protein per serving. Take it with you everywhere and just add water for a delicious High Protein Iced Coffee experience.

15 g whey protein

80 mg caffeine

336 kJ

Latte Macchiato Flavoured

14 servings, 308 g #012K



Carefully selected

Tri Blend Select

Is a great tasting and deliciously creamy protein shake. With a combination of ingredients, Tri Blend Select is also gluten free and high in fibre. We have carefully selected Pea, Quinoa and Flax Seed as part of a vegan blend to deliver a protein source providing essential amino acids, vitamin C and 7 key minerals.

20.2g
protein

6.1 g
fibre

With
ingredients
sourced
naturally

Suitable for
vegans

634 kJ

Banana Flavour

15 servings, 600 g #013K



Meet your protein needs

Keeping up with your daily protein intake can be easy.

Our range of protein products are a convenient way to support your daily goals.





Protein Drink Mix

A delicious protein shake that can be mixed with Formula 1 Shake Mix or enjoyed on its own.



Vanilla Flavoured

21 servings, 588 g #2600

Protein Drink Mix Vegan

An ultra-creamy vanilla flavoured drink mix. Mix with Formula 1 Shake Mix for a delicious vegan drink mix or enjoy it solo as a shake.



Vanilla Flavoured

20 servings, 560 g #172K

Vanilla Flavoured Sachet

7 x 28 g, 196 g #441K



Formula 3 Personalised Protein Powder

An easy one-step way to boost your protein intake.



40 servings, 240 g

#0242

Convenient protein snacks

Contrary to popular belief, snacking can be helpful for those who want to stay on track with their personal goals.

Plus, they another chance to fuel your body!





Protein Bars

Satisfy your chocolate cravings with a delicious, high protein snack, or enjoy as a treat pre or post exercise.



Vanilla Almond Flavoured 14 x 35 g, 490 g #3968

Citrus Lemon Flavoured 14 x 35 g, 490 g #3976

Never fried. Always Popped.



Product packaging may differ in Southern Africa.

Protein Chips Sour Cream and Onion Flavoured

Savour the smooth, tangy taste of our Sour Cream and Onion Flavoured Protein Chips.

11.8 g
protein

Gluten
free

Lacto-
Vegetarian

10 servings, 30 g

#142K

Protein Chips Barbecue Flavoured

Treat your taste buds to the subtle heat and smoky undertones of our barbecue flavoured Protein Chips.

11.3 g
protein

Gluten
free

Vegan

10 servings, 30 g

#141K

Protein Chips



Customers say

"Takes away the craving for salt without breaking the kilojoules."

For Everyday Support





Pro-Core

Pro-Core is formulated with the ingredient EpiCor® and a blend of key vitamins and minerals. Pro-Core is great for everyday support when you're on the go



Elderberry Flavoured

21 x 3.7 g, 77.7 g, #233K

Get the most from your body

Vitamins and minerals are key micronutrients essential for many everyday chemical reactions performed by your body.

While a balanced diet is the best way to obtain these nutrients, it can be hard to manage our food intake in order to meet the sufficient levels required. Taking vitamin and mineral supplements is a convenient way to keep up with your recommended daily amount.

Thermo Complete®

A blend of caffeine from green tea and yerba mate.

Source of Vitamin C.

Contains 84 mg of caffeine per serving.

Vitamin
C

84 mg
caffeine

90 tablets, 78.9 g

#0050





Niteworks®

Night time support

Vitamins
C & E

L-Arginine
L-Citrulline
L-Taurine

15 servings, 150 g

#3150

Be sure of your fats

**Saturated is bad.
Polyunsaturated is good...
It's a little more complex than that.**

Today, we know it's more about achieving fat balance, especially between omega-3 and omega-6 polyunsaturated fats.

The western diet

The typical western diet provides an excess of total and saturated fat, without enough of the healthy kind, such as fats from fish, nuts, olive oil and avocados.

As a concentrated source of kilojoules, Herbalife Philosophy recommends limiting your fat intake to not more than 30 % of your daily kilojoules.

Aim to eat two portions of fatty fish, such as sardines, salmon, or trout, weekly. The long-chain omega-3 fatty acids (EPA and DHA) found in fish, is not efficiently produced by the body, so we need them from food.

Herbalifeline

Omega-3 Supplement



A marine lipid complex (fish oil) providing EPA and DHA. A capsule with the addition of thyme, clove and peppermint oils.

77 mg of EPA
per capsule

48 mg of DHA
per capsule

90 capsules, 73 g

#0065

Your body loves fibre





Fibre is an important macronutrient.

It's a type of carbohydrate, which can't be broken down by the human digestive system, so most passes undigested, through the small intestine, providing bulk.

Although it's such an important dietary component, the average person might not consume enough to meet their personal goals. Our products that are high in fibre can help boost your intake, although it's best to increase slowly alongside drinking plenty of water.



Multifibre

A delicious way to increase daily fibre intake and can be enjoyed with water or mixed with your favourite Formula 1 Shake Mix.



30 servings, 204 g

#2554

* Contains 0.1 g of intrinsic sugar per serving.

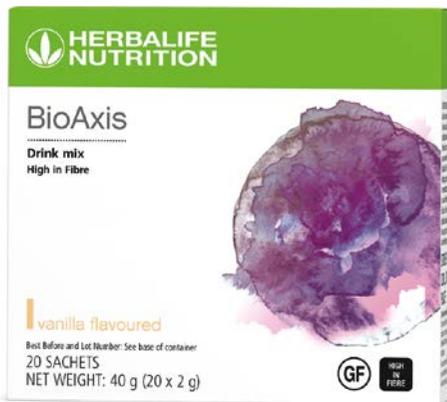
Customers say

"The vanilla flavour makes it great to combine with any F1 Shake Mix."



BioAxis

Formulated to offer you a combination of live bacteria and fibre that work together in harmony to help support your personal goals. It is artificial sweeteners, colourants and preservatives free and doesn't need for refrigeration making it ideal to take wherever you go.



Vanilla flavoured

20 sachets x 2 g, 40 g #173K

* Please add BioAxis after blending and use liquids at a temperature below 25 °C, to avoid affecting product efficacy.

The Value of Water

The human body is almost 70 % water, so it stands to reason that we need to keep well-hydrated to stay healthy.

Mineral Addition

Our bodies require enough water to perform various vital functions within the body. From transportation, lubrication and helping you keep your cool, the bottom line is every cell, tissue, and organ needs water. It's basic body housekeeping.





Give it a lift

Another way to keep hydrated is by flavouring your water. Try **Herbalife AloeMax**, containing 97 % aloe vera juice that shakes up your drink with the subtle flavour of Aloe. Or lift your day with a refreshing herbal beverage, **Herbalife Instant Herbal Beverage with Tea Extracts** infused with extracts of green tea leaf and orange pekoe tea leaf, with added cardamom seed extract and hibiscus flower powder. Each serving contains 87.5 mg caffeine to lift your day*.

* Not recommended for children under 12 years of age, pregnant or lactating women, persons sensitive to caffeine.

Fluid Goals

Aloe range



Herbal Aloe Concentrate Drink

Live up your water to help you to achieve adequate fluid intake of approximately 2 litres per day.

- 40 % aloe vera juice
- Low kilojoule concentrate
- Artificial flavouring and colourant free

Mango Flavoured	473 ml #1065
Original Flavoured	473 ml #0006



AloeMax

Our hand-picked Aloe Vera leaves are carefully selected and come straight from our field to your glass.

- 97 % aloe vera juice
- 9 kJ per serving
- Artificial colourant, sweetener and flavourings free

473 ml #1196

Fluid Goals

Tea

range



Instant Herbal Beverage with Tea Extracts

Lift your day with a cup of Instant Herbal Beverage with Tea Extracts, containing 87.5 mg caffeine*.

- A refreshing herbal beverage infused with extracts of green tea leaf and orange pekoe tea leaf, with added cardamom seed extract and hibiscus flower powder.
- Can be enjoyed hot or cold

25 kJ per serving

No added sugar**

Original Flavoured

30 servings, 51 g #178K
60 servings, 102 g #179K



Lemon Flavoured

30 servings, 51 g #180K



Raspberry Flavored

30 servings, 51 g #182K



Peach Flavored

30 servings, 51 g #181K

* Not recommended for children under 12 years of age; pregnant or lactating women; persons sensitive to caffeine.

** Lemon, Peach and Raspberry flavoured variants contains 0.1 g of intrinsic sugar per serving.

HL/Skin

Take your skincare routine to the next level

Experience the elegance of innovative skincare. HL/Skin fuses Korean science with scientifically supported ingredients – delivering the results you need, effortlessly.

Designed to address the three core pillars of skin needs – brightness & illumination, healthy ageing, and moisture & hydration – this range does more than just feel good; it works.

Each formula features science-backed ingredients at carefully considered concentrations carefully selected by Korean skincare experts and thoughtfully combined into effective formulas, which are meticulously tested to give your skin exactly what it needs, when it needs it.



BACKED BY • KOREAN SCIENCE •

Resurfacing Gelo Cleanser

A gentle but effective foaming cleanser that lifts away makeup, dirt, and excess oil without overdrying. #511K

10 % Niacinamide Serum

This light weight fast absorbing serum visibly brightens and evens skin tone. #508K

Nourishing Eye Cream

Fast absorbing, lightweight and non-greasy cream for the delicate skin around the eyes. #515K

Ultimate Tension Cream

A rich and velvety face cream to boost skin elasticity. #513K

Nourishing Hand & Body Lotion

A lightweight, nourishing hand and body lotion for softening while helping to improve dryness. #514K



Coming in 2026:

Radiance Day Cream SPF 30

A hydrating day cream with SPF 30. Protects against UVA/UVB rays, leaving skin feeling hydrated, soft and protected.

You can still use our Protective Moisturiser SPF 30 whilst you wait. #0828

Revitalising Night Cream

Replenish and revitalise overnight, supporting smoother-looking skin to help reduce the visible signs of ageing.

Try our existing Replenishing Night Cream whilst you wait. #0827

Beauty edit

Relieve

Soothing Aloe Cleanser

This gentle cleanser leaves your skin clear, soft and clean.

150 ml Normal to Dry Skin #0765



Cleanse

Polishing Citrus Cleanser

Deep cleansing microbeads leaves skin clean and revitalised.

150 ml Normal to Oily Skin #0766

The existing Herbalife SKIN range will be discontinued once each product goes out of stock.

However, this does not apply to the Purifying Mint Clay Mask (0773), SPF 30 Protective Moisturiser (0828) and Replenishing Night Cream (0827). These 3 products will still be available to purchase until the HL/Skin replacements are launched in 2026.

Herbalife SKIN range is clinically tested and formulated with botanicals and vitamins. With no added parabens and sulphates, it is prepared with ingredients such as Aloe Vera, Vitamin C, E and B3, to promote softer, smoother and more radiant skin*

Tone

Energising Herbal Toner

Aloe Vera-infused, alcohol-free facial toner with mandarin citrus scent provides hydration and refreshes tired looking skin.*

50 ml

#0767

Refresh

Purifying Mint Clay Mask

Removes dirt and absorbs excess oil with the absorbent and toning effect of bentonite clay.*

120 ml

Normal to Oily Skin #0773



Target

Line Minimising Serum

This multi-functional serum helps diminish the visible signs of ageing.*

50 ml

#0829

Revitalise

Firming Eye Gel

Improves the appearance of firmness around the eyes.

15 ml

#0770

* Tested on subjects for firmness and elasticity measured by visual expert grading at intervals of seven days and 42 days. In 45 % of subjects, improvement was seen in firmness/elasticity in skin under the eye at 42 days.

Exfoliate

Instant Reveal Berry Scrub

Antioxidant-rich scrub with berry seeds for exfoliation, which helps achieve soft, smooth skin.

120 ml

#0772

Protect

SPF 30 Protective Moisturiser

Our moisturiser leaves skin smooth and soft. Provides broad spectrum UVA/UVB protection.

50 ml

#0828



Moisturise

Daily Glow Moisturiser

All-purpose hydrating lotion with illuminating properties to give your face an instant glow.

50 ml

#0830

Replenish

Replenishing Night Cream

This rich, luxurious cream helps deliver much needed moisture to the skin at night.

50 ml

#0827

Hydrate

Hydrating Eye Cream

Helps minimise the appearance of fine lines and wrinkles around the eyes.

15 ml

#0771

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Beautiful skin

Collagen Complex Drink Mix contains bioactive collagen peptides* called Verisol® P. This product is a source of key vitamins and minerals

Customers say...

“The results are fantastic!
My skin looks amazing.”



Source of key vitamins and minerals

Refreshing strawberry and lemon flavoured



Support

Collagen Complex Drink Mix

Strawberry and Lemon Flavoured

30 servings, 171 g #076K

* Verisol® P and bioactive collagen peptides are trademarks of Gelita AG.

Say aloe to stronger hair and skin

Haircare infused with botanicals and no added Parabens and Sulphates.



Herbal Aloe Strengthening Shampoo

- Leaves hair 10 times stronger after just one use*
- Hydrolysed wheat protein helps protect, repair and strengthen your hair*

250 ml

#2564



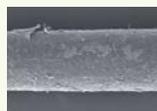
Herbal Aloe Strengthening Conditioner

- Strengthens strands for a softer and silkier feel after just one use
- Contains hydrolysed wheat protein

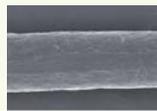
250 ml

#2565

Study results:



Before
Highly damaged cuticle structure.



After
Significant improvement in cuticle structure.

* When used in conjunction with the Strengthening Conditioner versus untreated hair. Results based on Strengthening and Breakage Study. Average value obtained from Combing Test conducted by an independent research laboratory on "damaged" hair tresses. Broken fibre counts were compared on untreated hair using Herbal Aloe Strengthening Shampoo and Strengthening Conditioner.



Herbal Aloe Hand & Body Wash

- Gentle plant-derived cleansers help relieve dryness and moisturise your skin
- Blend of desert botanical extracts helps maintain healthy skin

250 ml

#2561



Herbal Aloe Everyday Soothing Hand & Body Lotion

- Lock in moisture for lasting hydration
- Aloe Vera and African shea butter absorb quickly and leave skin feeling soft and smooth

200 ml

#2563

Herbal Aloe Soothing Gel

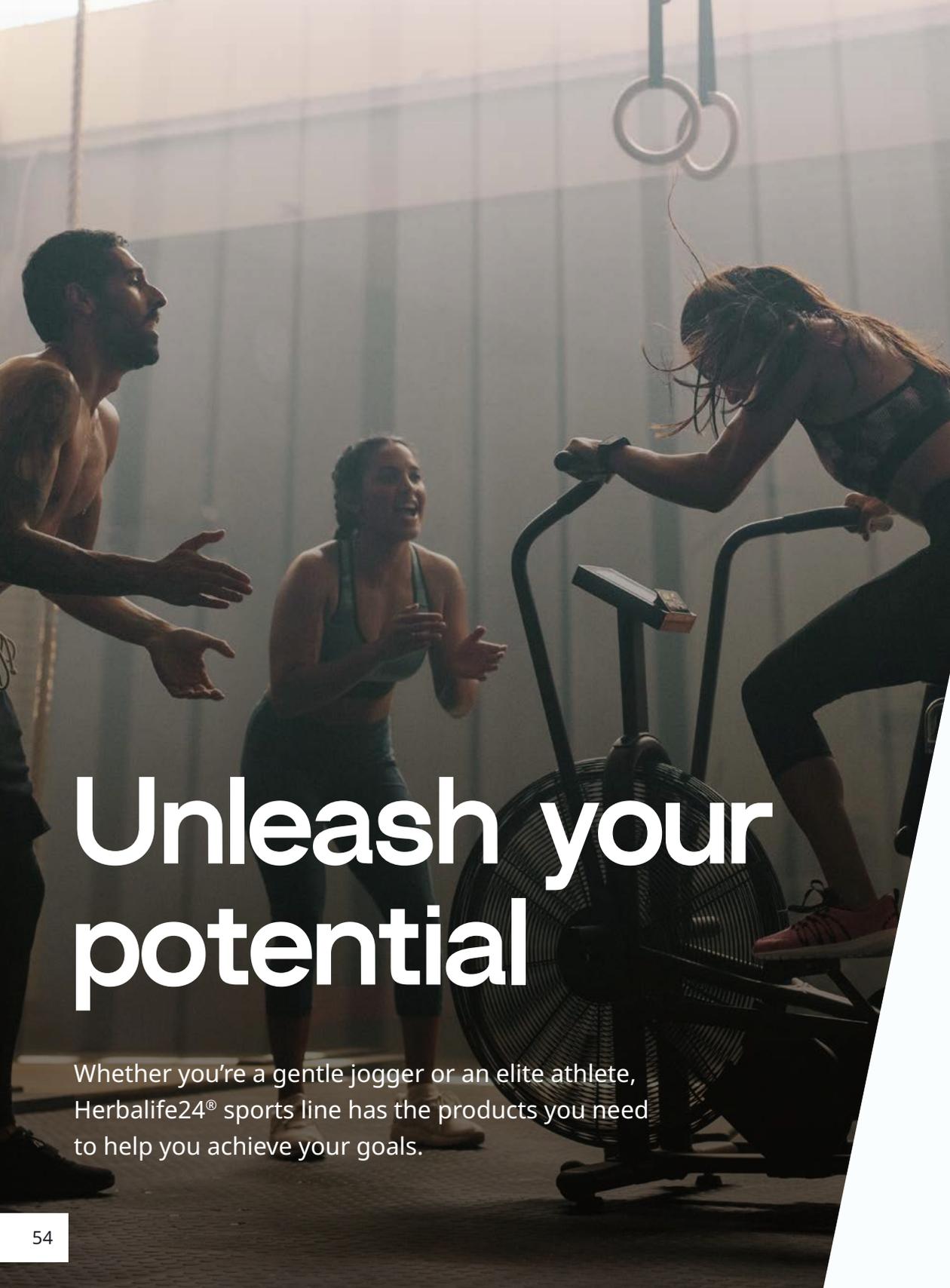
- Infused with Aloe Vera and skin-conditioning botanicals to moisturise and soothe skin
- Fragrance-free formula

200 ml

#2562



Treat your hair to an intensive conditioning treatment – leave Herbal Aloe Conditioner to soak in for 3 minutes before rinsing for hair that's super-soft and shiny.



Unleash your potential

Whether you're a gentle jogger or an elite athlete, Herbalife24® sports line has the products you need to help you achieve your goals.

Customise Your Herbalife24 programme



Product usage	CR7 Drive	Rebuild Strength	Rebuild Endurance	Hydrate	Prolong Active Gel	Liftoff Max	Achieve Protein Bars
Morning	█	█	█	█	█	█	█
Before workout	█	█	█	█	█	█	█
During workout	█	█	█	█	█	█	█
After workout	█	█	█	█	█	█	█
Night	█	█	█	█	█	█	█

H24 Creatine+ can support your workouts when you need it.





H24 Creatine+

Support your workouts when you need it

H24 Creatine+ is versatile, designed for both men and women performing high-intensity exercise.

Creatine is great for adults performing anaerobic activity in successive bursts of short term, high intensity exercise. If you're looking to support your overall goals, H24 Creatine+ is a great option.

H24 Creatine+ is a source of niacin, pantothenic acid, riboflavin, thiamine and vitamin B12



Unflavoured

#488K



Want to know more about exercise gels?

With Dr Stephen Mears, Senior Lecturer in Sports and Exercise Nutrition at Loughborough University.

1 How can exercise gels support you during exercise?

"When exercising intensively, your body mainly uses carbohydrates as an energy source. However, after 60-90 minutes of intense exercise, carbohydrate stores can be depleted."¹⁻³

Therefore, an exercise gel that provides a blend of carbohydrates can support performance during a prolonged exercise session."⁴⁻⁶

2 How quickly does an exercise gel work?

"Varying factors can determine this, such as:

- The intensity of your workout
- Current hydration levels
- Food and drink already consumed

They often provide optimal carbohydrate sources that are easy to absorb and are generally well-tolerated."⁷⁻⁹

Exercise gels won't work instantly as it can take time to transport the carbohydrates to the muscles."

3 What are the differences of exercise gels vs carbohydrate-containing food and drinks?

- Exercise Gels are a ready-to-consume and convenient
- They often provide optimal carbohydrate sources that are easy to absorb and are generally well-tolerated."⁷⁻⁹
- For the equivalent amount of carbohydrates, often food sources need to be consumed in larger volumes.

4 What are the benefits of having a 1:0.8 glucose to fructose ratio?

"At the 1:0.8 ratio, more fructose can be tolerated, therefore a greater total amount of carbohydrate can be provided without causing gastrointestinal upset."¹⁰⁻¹⁵

5 Should I take an exercise gel with additional fluids?

"Yes. When you exercise for a long time and/or at high intensity you lose fluids through sweat, therefore it's advisable to take exercise gels with fluids and stay hydrated."

6 When should I take an exercise gel?

"During exercise, you should consume around 30 g of carbohydrates per hour, which might mean taking a gel every 20-30 minutes."

7 Which types of sports are exercise gels suitable for?

"Intense sports such as running, cycling, and team sports like football, especially when these activities last over an hour."¹⁻³

Check out our new H24 Prolong Energy Gel. For more information visit bit.ly/herbalifeprolong or scan the QR code.



H24 Prolong Active Gel

**Support your workouts
and reach for new heights.**

H24 Prolong Active Gel is a ready-to-consume exercise gel. It contains a 1:0.8 glucose to fructose ratio blend of carbohydrates, making it your partner to help you stay on track during long workouts. Artificial colourants and artificial sweeteners free.



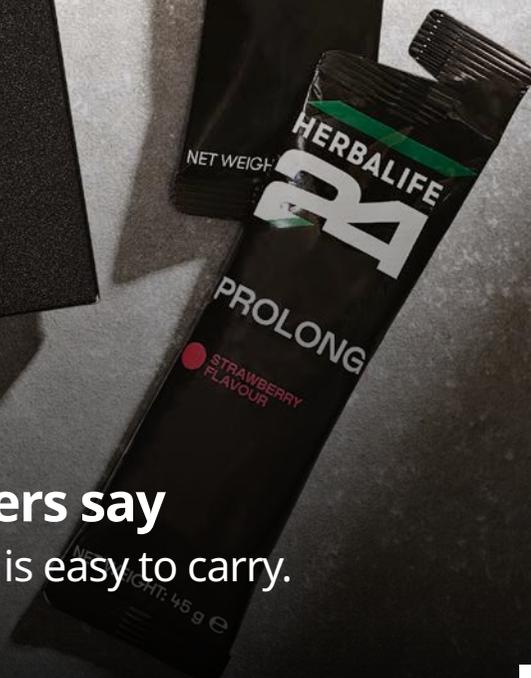
Strawberry flavoured

10 sachets, 45 g per sachet #402K

**See our H24 range for
products to support your
fitness at every stage**



Stay on track with Prolong



Customers say

“Tastes great and is easy to carry.”

Raising the bar



Customers say

“Has an excellent non-chewy texture.”

H24 Achieve Protein Bars

A convenient post-workout snack that contains 20.6 g – 21 g of protein to support your fitness goals.

These delicious bars come in two tempting flavours, decadent Dark Chocolate Flavoured or yummy Chocolate Chip Cookie Dough Flavoured. Artificial colourant and artificial flavouring free they're also suitable for lacto-ovo vegetarians!



Dark Chocolate Flavoured 6 servings, 60 g #150K

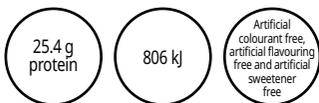
Chocolate Chip Cookie Dough Flavoured 6 servings, 60 g #149K

From strength



Rebuild Strength Pouch

A high protein recovery shake, use after intense exercise. It has added L-Glutamine and BCAAs for athletes. Consume Rebuild Strength following high-intensity or extended exercise.

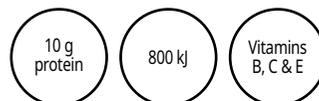


Chocolate Flavoured

20 servings, 1000 g #403k

Rebuild Endurance

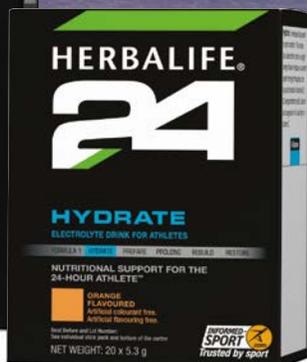
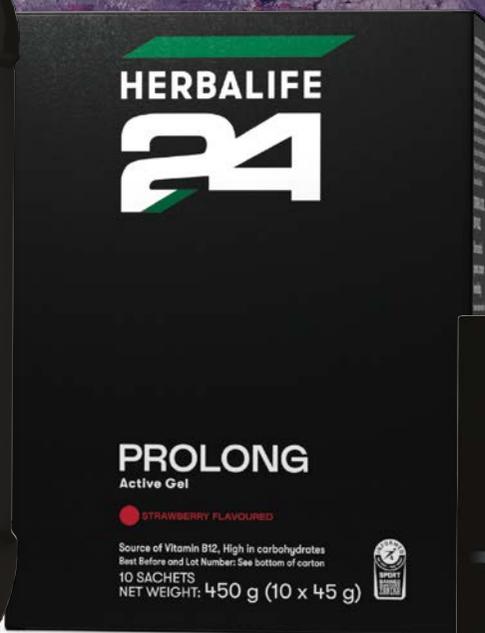
A protein and carbohydrates drink mix with added L-Glutamine and L-Carnitine. Consume Rebuild Endurance within 30 minutes following aerobic activity.



Vanilla Flavoured

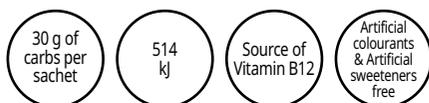
20 servings, 1000 g #1436

to strength



H24 Prolong Active Gel

An energy gel to consume during intense exercise. Each 45 g pack delivers 30 g of carbohydrates, plus vitamin B12 to support your goals when you need it most.



Strawberry flavoured

10 sachets x 5.3 g, 106 g #402K

Hydrate

A low kilojoule, orange flavoured drink. Hydrate is a perfect option to enjoy throughout the day.



Orange Flavoured

20 sachets x 5.3 g, 106 g #1433



Customers say

“LiftOff Max
immediately gives
me a charge!”

LiftOff[®]
to the max

Feel recharged wherever you are with LiftOff® Max. It is a delicious grapefruit twist flavoured energy drink mix that contains 180 mg of caffeine per serve. Enjoy before a workout or whenever you need to get back on track.

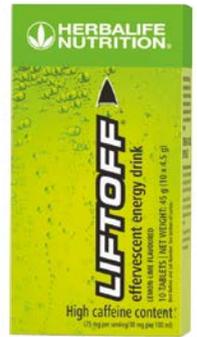


H24 LiftOff® Max

Is high in vitamin C, vitamins B6 and B12.



Grapefruit Twist Flavoured 10 sachets x 4.2 g, 42 g #192K



LiftOff®



Lemon & Lime Flavoured

10 sachets x 4.5 g, 45 g #3152



N-R-G Instant Guarana Beverage

40 mg of caffeine per serving



60 g

#1105.

Product packaging may differ in Southern Africa.

* Not recommended for children under 12 years of age; pregnant or lactating women; persons sensitive to caffeine.



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I trust Herbalife.

Cristiano Ronaldo

CR7 DRIVE

A delicious and refreshing carbohydrate-electrolyte drink to take during exercise, developed in partnership with Cristiano Ronaldo. Flavoured with Acai Berry, CR7 Drive combines carbohydrate-electrolyte solutions with Vitamins B1 and B12 to support your fitness goals.



CR7 Drive

411 kJ per serving

249 mg sodium

142 mg magnesium

Very high in vitamins B1 and B12

Acai Berry Flavoured

20 servings, 540 g #1466
10 sachets x 27 g, 270 g #1467

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Mary Kom



Heather Jackson



Camilla Osorio

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